



# Soup Nutsy<sup>®</sup>

PURVEYOR OF WORLD GOURMET SOUPS

**BLACK BEAN FIRE-  
ROASTED RED PEPPER**

## Nutrition Facts

Per 1 cup (227g) serving

Amount	% Daily Value
<b>Calories</b> 208	
<b>Total Fat</b> 6 g	9 %
Saturated Fat 2 g + Trans Fat 0 g	12 %
<b>Cholesterol</b> 10 mg	
<b>Sodium</b> 460 mg	19 %
<b>Total Carbohydrate</b> 30 g	10 %
Dietary Fibre 9 g	35 %
Sugars 6 g	
<b>Protein</b> 8 g	
Vitamin A:	5 %
Vitamin C:	14 %
Calcium:	11 %
Iron:	18 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.